



## An expert medical opinion **when you need it most.**

Teladoc Medical Experts is a confidential service offered to you and your eligible dependents as part of your employee benefits. They help provide clarity, confidence, and understanding if you have any concerns or doubts about a diagnosis, need help deciding on a treatment option, or question the need for surgery.

Their leading medical experts provide a wide range of services to help you and your treating physician make the best possible decision for your health. Teladoc Medical Experts gives you the peace of mind you deserve under any medical circumstance.

### **Teladoc Medical Experts provides a range of services that can help you:**

- Feel confident about your diagnosis and treatment options
- Answer your medical questions and concerns
- Find a specialist or treatment facility either within or outside of Canada
- Navigate the healthcare system with useful resources

## Your available services:

### Expert Medical Opinion

Review of an existing diagnosis and treatment from a world-renowned expert to confirm them or recommend a change.

### Find a Doctor

Provides a list of local in-person experts who meet your specific medical needs.

### Care Finder

Help locate specialists or facilities outside of Canada for your treatment/condition needs.

### Personal Health Navigator

Get a variety of information that's condition-specific from a registered healthcare professional including articles, and community resources that can assist your medical needs.

### Mental Health Navigator

Get a review of your mental health whether you're struggling with a personal issue or aren't feeling like yourself so you can make progress with the right treatment. Or if you feel that an existing mental health condition isn't improving or treatment isn't working, we can help you get on the correct treatment plan and guide you through the complex mental healthcare system.

### Ask the Expert

Receive personalized answers to questions about a medical condition, treatment option, or symptom.



**We're here to help. Call us today.**

Call 1-877-419-2378 or visit [Teladoc.ca/canadalife](https://Teladoc.ca/canadalife)