



Employee Assistance Program.

Feel supported, connected and rewarded every single day with expert advice, recommendations and referrals from a confidential Employee Assistance Program (EAP), and convenient access to online resources and tools.

Getting started with TELUS Health is easy.

- 1 Download the TELUS Health One app or visit one.telushealth.com
- 2 Click Sign Up.
- 3 Enter your invitation code: MB1-OpenCircle member ID (found on your drug card)
- 4 Enter your one time passcode: Your birthday (use zeros for the year)
i.e. June 8 is 06/08/00



Contact TELUS Health any time, 24/7, for support: 1-877-916-9116

Connect online: one.telushealth.com or by mobile.

